

Cultural and Linguistic Competence to Address Disparities and Inequities

WHEN: Saturday, April 13, 2019
From 9 AM to 4 PM

WHERE: Vermont LEND Conference Room
UVM Larner College of Medicine
477 RE4 (room 4325 Rehab Wing, UHC)
1 South Prospect St, Burlington, VT

FACILITATOR: Mercedes Avila, PhD

Workshop Objectives:

At the conclusion of this training, participants will be able to:

1. Demonstrate increased self-awareness of racial, ethnic, class, and gender identity biases.
2. Define cultural and linguistic competency and indicate familiarity with the stages of cultural competency (or continuum).
3. Describe the implications of demographic trends for health disparities.
4. Identify links between racial and health inequities and health disparities.
5. Integrate National CLAS Standards into practice and service providing.
6. Describe how cultural beliefs shape clinical encounters and patients' health outcomes.
7. Incorporate cultural and linguistic competence into service providing.

There is no cost to attend. Lunch will be provided.

Pre-register by emailing Jenny: jmayor@nvtahc.org.

Please include in your email any dietary restrictions.

Content description:

During this full-day workshop, attendees will better understand cultural and linguistic competency definitions and principles. In the context of health care delivery and care, Dr. Avila will address race, culture and systems of generational oppression in our country. She will present data and literature on health disparities to further raise self-awareness of racial, ethnic, class, and gender biases. She will introduce the National Standards of Culturally and Linguistically Appropriate Services in Health and Health Care developed by the US Department of Health and Human Services. These CLAS standards must be integrated as a tool into organizations to advance health equity, improve quality, and help eliminate health care disparities by establishing a best practice for health and health care outcomes.

Presenter:

Mercedes Avila, PhD, founder and trainer for Cultural Research Solutions LLC, facilitates this full-day workshop, *Cultural and Linguistic Competence to Address Disparities and Inequities*, to health and human service professionals throughout the state of Vermont.

Dr. Avila has served as consultant on Cultural and Linguistic Competency since 2003, including working for several Departments of Health and Mental Health across the country. Dr. Avila provides consultation and training on CLC and has trained more than 6000 providers across 52 organizations and 16 states. Additionally, Dr. Avila is Associate Professor in the Department of Pediatrics at the Robert Larner, M.D. College of Medicine at the University of Vermont where she has been involved in numerous SAMHSA, HRSA, and MCH federal programs as well as Adjunct Faculty in the College of Nursing and Health Sciences. Dr. Avila is the Program Director for the Vermont Leadership Education in Neurodevelopmental Disabilities Program in the College of Medicine.

She is a member of the Governor's Council for Families and Children's Prevention Programs, the Governor's Council on Workforce Diversity and Equity, and co-chair of the National Association of University Centers on Disabilities (AUCD) Multicultural Council. Dr. Avila has first-authored numerous papers, reports, and articles, including "Addressing Health Disparities through Cultural and Linguistic Competency Training" (2016) and a book chapter on "Building Cultural and Linguistic Competence in Medical and Mental Health Education" (2015).

Continuing Education Credit

CEU / Contact Hours

Northern Vermont AHEC is an approved provider of continuing nursing education by the Northeast Multistate Division, an accredited approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. This educational activity supports 5.5 Continuing Education Credits.

CME

Northern Vermont Area Health Education Center is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Northern Vermont Area Health Education Center designates this live activity for a maximum of 5.5 *AMA PRA Category 1 Credits*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Social Work

This program is Approved by the National Association of Social Workers (Approval # 886793214-7710) for 5.5 continuing education contact hours.

Allied Mental Health, Physical Therapy, Psychology

This educational activity has been planned and implemented by Northern Vermont Area Health Education Center in accordance with the guidelines of the State of Vermont Office of the Secretary of State, Professional Regulation, the Vermont Board of Psychological Examiners and the Vermont Board of Allied Mental Health Practitioners, which have pre-approved this training for 5.5 Contact Hours of Continuing Education Credit. Northern Vermont AHEC maintains responsibility for this program and its content.

Health Care Interpreters

This program is nationally accredited by the Certification Commission for Healthcare Interpreters for 5.5 instructional hours.